

INTENSITY	HAPPINESS	SADNESS	ANGER	FEAR	SHAME
HIGH	<p>Elated Excited Overjoyed Thrilled Exuberant Ecstatic Fired up Passionate</p>	<p>Depressed Agonized Alone Hurt Dejected Hopeless Sorrowful Miserable</p>	<p>Furious Enraged Outraged Boiling Irate Seething Loathsome Betrayed</p>	<p>Terrified Horrorified Scared stiff Petrified Fearful Panicky Frantic Shocked</p>	<p>Sorrowful Remorseful Defamed Worthless Disgraced Dishonored Mortified Admonished</p>
MEDIUM	<p>Cheerful Gratified Good Relieved Satisfied Glowing</p>	<p>Heartbroken Somber Lost Distressed Let down Melancholic</p>	<p>Upset Mad Defended Frustrated Agitated Disgusted</p>	<p>Apprehensive Frightened Threatened Insecure Uneasy Intimidated</p>	<p>Apologetic Unworthy Sneaky Guilty Embarrassed Secretive</p>
LOW	<p>Glad Contented Pleasant Tender Pleased Mellow</p>	<p>Unhappy Moody Blue Upset Disappointed Dissatisfied</p>	<p>Perturbed Annoyed Uptight Resistant Irritated Touchy</p>	<p>Cautious Nervous Worried Timid Unsure Anxious</p>	<p>Bashful Ridiculous Regretful Uncomfortable Pitied Silly</p>

*Based on the works of  
Julia West*